

**Super
Kids**

RACE DAY

**SUNDAY,
FEBRUARY 5, 2017**

Southeast Missouri State University
Student Recreation Center



Time: Registration: 11:45 am—12:30 pm
Races Begin: 1:00 pm

Who: Races for crawling babies up to 15yrs old
1 and 2 year olds—Boys & Girls run together
Ages 3 and up—Boys & Girls are separated

Fee: Pre-registered by Jan. 29th - \$10.00 for one child
& \$8.00 for each additional child
Jan. 30th through day of race—\$12.00 for one
child & \$10.00 for each additional child



AWARDS

- Super Kid's T-shirt and Participation Ribbon to All Participants
 - Medals for 1st—5th places for 1 and 2 year olds
- Medals for 1st through 3rd places for girls and boys ages 3 and up



For more information contact: Adam Halter at (573) 334-2031 or
ahalter@cityofcapegirardeau.org



CITY of CAPE GIRARDEAU
PARKS & RECREATION DEPARTMENT

573-339-6340
www.cityofcapegirardeau.org/parks
twetherby@cityofcape.org



SUPER KIDS RACE DAY 2017

ORDER OF EVENTS

| <u>AGE</u> | <u>DISTANCE</u> | <u>AGE</u> | <u>DISTANCE</u> |
|------------|-----------------|------------|-----------------|
| BABY CRAWL | 20FT | 7 | 400M (2 LAPS) |
| 1 | 50M | 8 | 400M (2 LAPS) |
| 2 | 50M | 9 | 400M (2 LAPS) |
| 3 | 200M (1 LAP) | 10 | 600M (3 LAPS) |
| 4 | 200M (1 LAP) | 11 | 800M (4.5 LAPS) |
| 5 | 200M (1 LAP) | 12 | 800M (4.5 LAPS) |
| 6 | 200M (1 LAP) | 13-15 | 1 MILE (9 LAPS) |

PARENT AND PARTICIPANT INFORMATION

**Races will follow the order as stated above. They will begin at 1:00 p.m. and will run consecutively until completed.

**Participants will receive an announcement before their race. Listen for your races and then report to your specified area.

Super Kids Race Day 2017 Entry Form

Name _____ D.O.B. ___/___/___ Age _____

Sex: M F

Home Address _____ Circle One: Crawler Runner

City/State/ZipCode _____ Phone _____

Circle T-shirt Size: Youth Sizes: 4-5 6-8 10-12 14-16 Adult Sizes: Small Medium Large

WAIVER: To be signed by parent or guardian in consideration of foregoing, I for myself, executors, administrators, and assigns, do hereby release and discharge the City of Cape Girardeau and all co-sponsors from all claims of damage demands, actions, and cause actions whatsoever, in any manner arising or growing out of my participation in this run.

Signature

Date

MAIL FORM TO:
CAPE GIRARDEAU PARKS AND RECREATION DEPARTMENT
C/O ADAM HALTER
410 KIWANIS DRIVE
CAPE GIRARDEAU, MO 63701