

Cape Youth Track 2016



When: March 29 - May 7
Where: Cape Jr. High Track
Who: Boys & Girls
 Ages 6 - 14
Practices: Tuesdays & Thursdays
 5:15 - 6:30 pm
Meets: Select Thursdays
 5:00- 6:30 pm,
 Select Weekend Days
Cost: \$50 per child.

Cost includes t-shirt, four home meets, three away meets and practices. There is a \$5 discount for additional children. Additional away meets are \$8 each to attend.

We will need volunteers to help coach and help with the track meets. All of our coaches must go through proper background checks per USATF regulations. Please call (573) 339-6340.

There are at least 6 meets scheduled this year (3 home and 3 away).

Sponsored by:



PROUD MEMBER OF



For more information contact Patrick Watson at (573) 339-6340 or pwatson@cityofcape.org

CITY of CAPE GIRARDEAU
 PARKS & RECREATION DEPARTMENT

573-339-6340
www.cityofcapегirardeau.org/parks
pwatson@cityofcape.org



Youth Track Club

Boys & Girls 6-14 years old
(AGE AS OF DECEMBER 31, 2016)
ATHLETE INFORMATION

CHILD _____ NICKNAME _____
LAST FIRST

ADDRESS _____ HOME PHONE _____

SCHOOL _____

AGE ON DEC 31, 2016: _____ BIRTHDATE: ___/___/___ GRADE: _____ GENDER: M / F

CONTACT INFORMATION

PARENT/GUARDIAN _____

DAYTIME PHONE: _____ CELL PHONE: _____ EMAIL: _____

EMERGENCY CONTACT (BESIDES PARENTS) _____

DAYTIME PHONE: _____ CELL PHONE: _____ EMAIL: _____

MEDICAL INFORMATION

PREFERRED HOSPITAL IN CASE OF EMERGENCY: _____

Does child have any medical problems/allergies ___ Yes ___ No Please describe: _____

T-SHIRT SIZE (CIRCLE ONE)

YS YM YL AS AM AL AXL

Waiver: To be signed by parent or guardian of child in consideration of foregoing, I myself, executors, administrators and assigns, do hereby and discharge the City of Cape Girardeau and all sponsors from all claims of damage, actions and causes whatsoever, in any manner arising or growing out of my child's participation.

PARENT/GUARDIAN SIGNATURE _____ DATE _____

Registration may be turned in at the A. C. Brase Arena, 410 Kiwanis Drive, Cape Girardeau, MO 63701.
For information call the Parks and Recreation Department at 573-339-6340.