

SMASH Volleyball League

2014

SMASH (Serve, Move, Attack, Set, Hit) & SMASH Select (See descriptions below for details)



The Cape Girardeau Parks and Recreation Department, along with the Noon Optimist Club, offers a youth volleyball league known as SMASH Volleyball. This league has proven to provide fun and physical activity to over 200 players per season. The SMASH Volleyball League aims at developing volleyball skills, knowledge and appreciation of the game. Our goal is to provide the opportunity for players to have quality instruction from the Cape Central High School and Jackson High School's Volleyball coaches and players. This league is designed for players to have 5-6 practice sessions and 4 Saturdays filled with 2 games a day. Come join the fun as we get set for another season!

SMASH is intended for grades 3rd/4th and 5th/6th who are still in the learning process of the game. This league is coached by the Cape Central High School and Jackson High School's volleyball players.

SMASH Select is intended for 5th and 6th graders who have played at least one season of SMASH, who are more advanced in play, or have played in another organized volleyball league. Teams are coached by parents and will compete in a more competitive environment. To be a coach please fill out the appropriate information on the back side of this form.

At all levels, good sportsmanship is not only desirable, it is essential. The Cape Central High School and Jackson High School coaches and players will challenge each player to accept these values and play by them and we ask your support as parents in maintaining this focus.

For more information about the league, contact Suzanne Carter at (573) 339-6736 or scarter@cityofcape.org. Please make checks payable to "City of Cape Girardeau" and mail to:

Cape Girardeau Parks and Recreation Department
410 Kiwanis Dr.
Cape Girardeau, MO 63701

See the back side of this form to register today!



CITY of CAPE GIRARDEAU
PARKS & RECREATION DEPARTMENT

573-339-6340
www.cityofcapegirardeau.org/parks
parks@cityofcape.org



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Division (circle one): SMASH or SMASH Select
Fee: \$45.00
Grade (circle one): 3rd 4th 5th 6th
Maximum per grade: 40
Registration Period: February 10th - March 7th

Important Dates: SMASH and SMASH Select: March 27 Opening Night: Players come at their designated times listed below, pick up their game shirt, take photos, meet their coach, and complete open court activities with their coach.

SMASH 3rd/4th Graders at 5:15 PM - 6:30 PM at the Osage Centre
SMASH 5th/6th Graders at 6:15 PM - 7:15 PM at the Osage Centre
SMASH Select at 7:00 PM - 8:00 PM at the Osage Centre

SMASH Practice Dates: Saturday March 29 3rd/4th: 8:30 AM-9:30 AM; 5th/6th: 9:30 AM-10:45 AM;
Thursdays: 3/4 grade 5:15 PM—6:15 PM, 5/6 grade 6:15 PM—7:30 PM on each date: April 3, 10, 24, and May 1

SMASH Select Practice Dates: Saturday March 29 11:00 AM-12:30 PM,
Osage courts are available on Fridays between 5:00 PM—7:30 PM on each date:
April 4, 11, 25, and May 2. Parent Coaches are responsible for schedule time block. Please limit practices to 1 hour and 15 minutes.

SMASH and SMASH Select Game Dates: April 5, 12, 26 and/or May 1 and 3

Player's Form

First Name: _____ Last Name: _____
Address: _____ City: _____ State: _____ Zip Code: _____
Primary Number: _____ Secondary Number: _____
E-Mail: _____ Date of Birth: _____ Grade: _____
Shirt Size (circle one): YM (10-12) YL (14-16) AS AM AL AXL
Grade (circle one): 3rd 4th 5th 6th **Division (circle one):** SMASH OR SMASH Select
Parent Signature: _____ Date: _____

Coach's Form

Name: _____ Player's Name: _____ Grade: _____
Address: _____ City/State/Zip: _____
Cell: _____ Home Phone: _____ Email: _____
Coaching (circle one): Head Assistant Either **Shirt Size (circle one):** AS AM AL AXL 2XL 3XL

Head Coach's Only

Do you have an assistant? Circle one: Yes No If yes, please list their name: _____

Assistant Coach's Only

Do you have a head coach? Circle one: Yes No If yes, please list their name: _____

Registration Form & Entry Fee may be mailed or delivered to either of the following: