

Adult Flag Football League

Fall 2016



Registration Deadline: September 1, 2016

The Cape Girardeau Parks and Recreation Department offers Adult, Co-Ed Flag Football League each Fall . Come join the fun as we kick off another great season of fun, non-contact football!

AGE: 17 & Up Men's, Women's and Co-Ed Teams!
COST: \$250/team 7 Game Season + Playoffs!
WHERE: Arena Park Fields 5 & 6 (Thursdays and Sundays)
Competitive and Recreational Divisions Available
Format: 7 on 7 With Down Linemen
Managers Meeting: Thurs. Sept. 1st—Osage Centre 6:30pm

For more information about the league, contact *Adam Halter* at (573) 334-2031
or ahalter@cityofcape.org.

Please make checks payable to "City of Cape Girardeau"

Mail to:

Cape Girardeau Parks and Recreation Department, 410 Kiwanis Dr. Cape Girardeau, MO 63701

League Sponsor

LR LANZOTTI & RAU LLC
ATTORNEYS AT LAW

CITY of CAPE GIRARDEAU
PARKS & RECREATION DEPARTMENT

573-339-6340
www.cityofcapegirardeau.org/parks
parks@cityofcape.org



ADULT FLAG FOOTBALL FALL 2016 TEAM INFORMATION

PLEASE CIRCLE DIVISION : MEN'S I OR II CO-ED WOMEN'S

TEAM NAME _____

TEAM MANAGER _____ HOME PHONE _____

ADDRESS _____ CELL/WORK _____

CITY/ST/ZIP _____ EMAIL _____

ASST MANAGER _____ PRIMARY PHONE _____

FLAG FOOTBALL ROSTER

<u>PLAYER NAME</u>	<u>AGE</u>	<u>PHONE #</u>
1. _____		
2. _____		
3. _____		
4. _____		
5. _____		
6. _____		
7. _____		
8. _____		
9. _____		
10. _____		
11. _____		
12. _____		
13. _____		
14. _____		

MAIL FORM TO: PARKS AND RECREATION DEPARTMENT
 C/O ADAM HALTER
 410 KIWANIS DRIVE
 CAPE GIRARDEAU, MO 63701
 OR EMAIL TO:
 ahalter@cityofcape.org