

Free  
ADMISSION

January 5  
2017

3-7 pm

Health  
& Wellness

EXPO

New YEAR New YOU  
2017

OSAGE CENTRE  
1625 N. KINGSHIGHWAY  
CAPE GIRARDEAU

First 200 attendees  
receive a FREE t-shirt  
and welcome goodie bag

*presented by*

**CITY of CAPE  
GIRARDEAU**  
PARKS & RECREATION DEPARTMENT

Something for Everyone • Childcare Available

COOKING DEMOS  
80+ WELLNESS VENDORS  
GROUP FITNESS CLASSES  
HEALTH SCREENINGS  
ATTENDANCE PRIZES



FOR MORE INFORMATION VISIT [WWW.CITYOFCAPE.ORG/HEALTHEXO](http://WWW.CITYOFCAPE.ORG/HEALTHEXO)