



ADULT FLAG FOOTBALL

www.cityofcape.org/football

**\$250
/TEAM**

This 7-on-7 adult flag football league plays on Sundays at Arena Park Fields 5 & 6.

Competitive and recreational divisions will be offered.

The registration deadline is Friday, September 6.
All teams must be paid in full before registered.

The tentative start date is Sunday, September 29.

For information, contact Cody at chinkebein@cityofcape.org or 573.339.6340.



**CITY of CAPE
GIRARDEAU**
PARKS & RECREATION DEPARTMENT

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2019 ADULT FLAG FOOTBALL LEAGUE REGISTRATION & ROSTER FORM

DATES: Tentative Start Date September 29, 2019

LEAGUE FORMAT: 7 on 7 league plays on Sundays. Competitive, intermediate and recreational divisions offered.

REGISTRATION: Register by September 6, 2019. Submit registration in-person or by mail to the A. C. Brase Arena, 410 Kiwanis Drive, Cape Girardeau, MO 63701.

ENTRY FEE: \$250.00 per team

LEAGUE DIRECTOR: Cody Hinkebein. Contact at 573.334.2031. or chinkebein@cityofcape.org.

DIVISION (circle one): **RECREATIONAL** **INTERMEDIATE** **COMPETITIVE**

SPECIAL SCHEDULING REQUEST: _____

TEAM NAME: _____

	Team Manager	Assistant Manager
NAME:		
ADDRESS:		
CITY/STATE/ZIP:		
TEXTING PHONE #:		
CELL PHONE CARRIER:		
EMAIL ADDRESS:		

Player's Name	Age	Phone Number
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		
13.		
14.		
15.		