



Cape Girardeau Parks & Recreation Youth Track Club



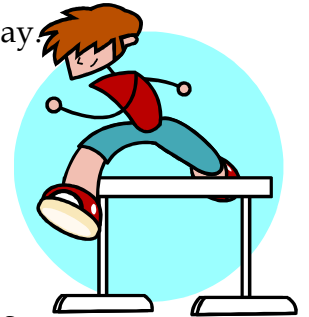
(Formally Cape Jr. Roadrunners)

The Cape Girardeau Parks & Recreation Department is proud to be sponsoring this year's Youth Track Club.

New format this year offering more local meets and New Low Price.

TEAM DETAILS

- Open to Boys & Girls; Ages 6-14.
- Practices are scheduled to begin on March 23 and go through May.
 - Team will meet twice a week on Tuesday and Thursdays.
 - Tuesday will be a practice day.
 - Many Thursdays will be a home meet.
 - Practices are held at the Cape Jr. High School Track.
 - There will be 9 meets scheduled for this year's team.
 - 7 week day meets 2 weekend meets.
- Opportunities to compete at several more away weekend meets.
- Compete against several other communities in Southeast Missouri & St. Louis.
 - Several Track & Field Events to choose from.
 - Children will compete within their age group.
- Districts, Regionals, & Nationals will be available for those that qualify.
- Great opportunity to have some FUN & meet new friends while being active.



Cost: \$45 for 1st Child; \$40 for each additional child in family:
Price includes team membership, T-shirt, and 9 track meets.
Additional away meets available at \$7 a piece or \$15 for all.

Registration: Saturday, February 20 at the Osage Community Centre from 10:00 am – 2:00 pm. Call or visit the A.C. Brase Arena at 339-6340. We will also accept registrations the first week of practice.

Volunteers: If you are interested in volunteering we will need volunteers to help coach and help with the track meets. All of our coaches must go through proper background checks per USATF regulations. Call 339-6340 if you are interested in helping with this year's track club.